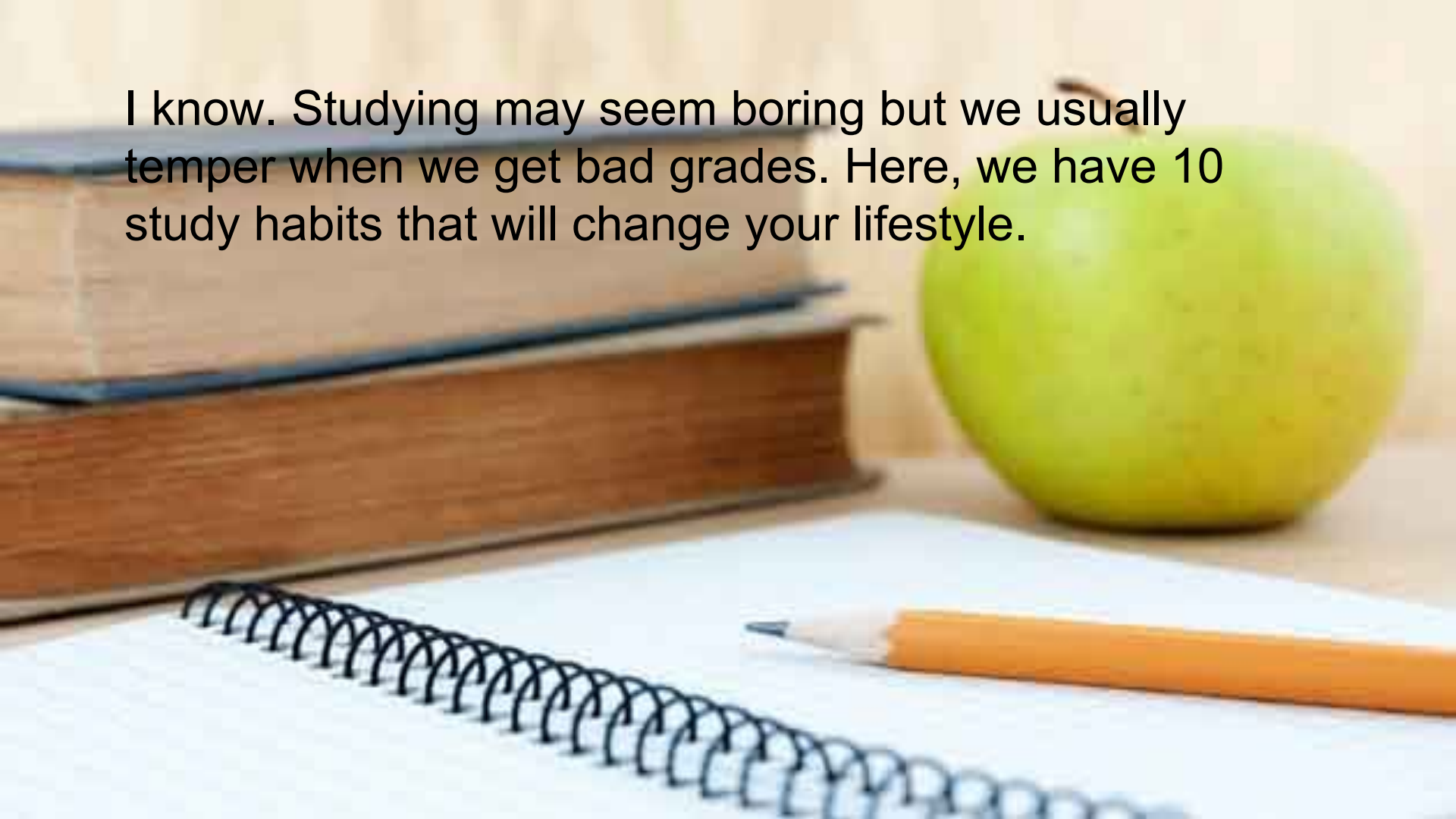


# Changing Your Game

10 Highly Effective Study habits that will Change the way you play

I know. Studying may seem boring but we usually temper when we get bad grades. Here, we have 10 study habits that will change your lifestyle.



# Where we study is important.

A lot of people make the mistake of studying in a place that really isn't conducive to concentrating. A place with a lot of distractions makes for a poor study area. If you try and study in your dorm room, for instance, you may find the computer, TV, or a roommate more interesting than Finding an ideal study place is important, because it's one you can reliably count on for the next few years. the reading material you're trying to digest.



# Never Procrastinate

Studying well doesn't happen overnight. We can study well if we review our notes every day and if we don't procrastinate. Successful students DO NOT procrastinate studying. If you procrastinate your study session, your studying will become much less effective and you may not get everything accomplished that you need to. Procrastination also leads to rushing, and rushing is the number one cause of errors.



# Start with the most difficult subject first

Is your most difficult assignment or subject will require the most effort and mental energy, you should start with it first. Once you've completed the most difficult work, it will be much easier to complete the rest of your work. Believe it or not, starting with the most difficult subject will greatly improve the effectiveness of your study sessions, and your academic performance.



# Use Study Groups effectively

sEver heard the phrase "two heads are better than one"? Well this can be especially true when it comes to studying. Working in groups enables you to (1) get help from others when you're struggling to understand a concept, (2) complete assignments more quickly, and (3) teach others whereby helping both the other students and yourselves to internalize the subject matter. However, study groups can become very ineffective if they're not structured and if groups members come unprepared. Effective students use study groups effectively.



# Make a Specific Goal

Simply studying without direction is not effective. You need to know exactly what you need to accomplish during each study session. Before you start studying, set a study session goal that supports your overall academic goal (i.e. memorize 30 vocabulary words in order to ace the vocabulary section on an upcoming Spanish test.)



**THERE IS NO  
ELEVATOR  
TO SUCCESS.  
YOU HAVE TO  
TAKE THE  
STAIRS**





By: Ruth Ann  
Celones  
VI-Ruby